FIBER OPTICS TECHNICIAN – INSIDE PLANT (FOT-ISP) Competency Requirements



This competency listing is the syllabus or objective of each individual subject item in which a Fiber Optics Technician – Inside Plant (FOT-ISP) must be knowledgeable and skilled to prepare for the hands-on course training and the ETA® International FOT-ISP certification knowledge examination. The competency includes concepts and techniques of installing, servicing, troubleshooting, splicing, testing and repairing fiber optic transmission cable, connection devices, links and spans; diagnostically ranging from the intermediate installation for Enterprise Networks, LANs and Data Centers up to rudimentary project aspects.

A FOT-ISP technician, in addition to completing a special course, fee and hands-on skills exam from an ETA approved school must also be knowledgeable in the following technical areas:

1.0 BASIC PRINCIPLES OF LIGHT

- 1.1 Describe the Electromagnetic Spectrum and locate light frequencies within the spectrum in relation to communications frequencies
- 1.2 Describe how the Index of Refraction is calculated
- 1.3 Describe the phenomenon of total internal reflection (TIR) that makes fiber optic transmission possible
- 1.4 Define Fresnel Reflection Loss
- 1.5 Explain the effects of refraction
 - 1.5.1 Explain Snell's Law

2.0 PRINCIPLES OF FIBER OPTIC TRANSMISSION

- 2.1 Describe the basic parts of a fiber optic link
- 2.2 Describe the basic operation of a transmitter
- 2.3 Describe the basic operation of a receiver
- 2.4 List the benefits of Multiplexing optical signals
- 2.5 Explain the purpose of decibels (dB)
 - 2.5.1 Explain how to express gain, loss and reflectance using dB
- 2.6 Explain how Optical Power is measured (dBm)
 - 2.6.1 Express optical power levels in dBm's
 - 2.6.2 Compare power gains and losses
 - 2.6.3 Identify common wavelengths used in multimode systems
 - 2.6.4 Identify common wavelengths used in single-mode systems
 - 2.6.5 Explain the relationship between dBm and Watts

3.0 OPTICAL FIBER CONSTRUCTION AND THEORY

- 3.1 Name the materials out of which optical fiber core is manufactured
- 3.2 Discuss why the core and the cladding have different compositions of glass
- 3.3 State the materials from which the fiber optic coating is manufactured
- 3.4 Define the performance of optical fibers used in the telecommunications industry in accordance with Telecommunications Industry Association (TIA®), Telcordia, International Electrotechnical Committee (IEC) and the International Telecommunications Union (ITU®)
- 3.5 Summarize the fiber types that correspond to the referenced fiber designations OM1, OM2, OM3, OM4, OM5, OS1, and OS2 in accordance with ISO/IEC (the International Organization for Standardization/International Electrotechnical Commission) requirements
 - 3.5.1 Explain the various attenuation values of OM 1, 2, 3, 4 &5 multimode and OS 1 & 2 single-mode fiber types
- 3.6 Describe single-mode fiber and how it differs from multimode fiber
 - 3.6.1 Explain why multimode fiber may be selected over single-mode fiber

- 3.6.2 Explain the difference between legacy multimode fibers and laser optimized multimode fibers
- 3.6.3 Describe the mode field diameter of a single-mode fiber and how it differs from the fiber's core
- 3.7 Describe the basics of optical fiber manufacturing
- 3.8 Point out how the number of potential paths (modes) of light is one of the most important characteristics used to distinguish types of fiber
- 3.9 Distinguish the relationship and purpose between the different refractive index profiles

4.0 OPTICAL FIBER CHARACTERISTICS

- 4.1 Define dispersion in an optical fiber
- 4.2 Explain how modal dispersion causes pulses to spread out as they travel along the fiber 4.2.1 List the methods for overcoming modal dispersion
- 4.3 Explain how material dispersion arises from the change in a material's refractive index with wavelength
- 4.4 Relate how waveguide dispersion is a separate effect from material dispersion, arising from the distribution of light between core and cladding
- 4.5 Explain chromatic dispersion in an optical fiber
- 4.6 Describe how to measure fiber optic link attenuation using the referenced methods specified by TIA-526-14-B for multimode and TIA-526-7 for single-mode fiber optic cables
- 4.7 Describe how microbends can affect the signal of an optical fiber
- 4.8 Describe how a macrobend affects the signal attenuation
- 4.9 Relate how light rays have to fall within a fiber's acceptance angle, measured by the numerical aperture (NA), in order to be guided into the core
- 4.10 Identify the cone of acceptance as used in optical fiber
- 4.11 List the ANSI/TIA-568-D.3, ISO/IEC 11801, and ITU Series G minimum overfilled modal bandwidth-length product (MHz·km) limitations for common multimode optical fiber and cable types
- 4.12 Differentiate between the attributes and tolerances for the two common types of single-mode optical fibers used inside data centers and local area networks as defined in the IEC 60793 & the ITU-T series G.652, G.657. ANSI/TIA-568, ANSI/TIA-758 and Telcordia standards
- 4.13 List the ANSI/TIA-568-C.3, ISO/IEC 11801, and ITU Series G minimum overfilled modal bandwidth-length product (MHz·km) limitations for common multimode optical fiber and cable types

5.0 SAFETY

- 5.1 Explain how to safely handle and dispose of fiber optic cable
 - 5.1.1 Explain potential electrical hazards in a fiber optic environment
 - 5.1.2 Describe typical work place hazards in the fiber optic environment
 - 5.1.3 List different types of personal protective equipment and where they are used
 - 5.1.4 Explain good work habits
- 5.2 List the safety classifications of fiber optic light sources as described by the FDA, ANSI (Z136.2), OSHA, and IEC (60825-2) fiber optic communication standards to prevent injuries from laser radiation
 - 5.2.1 Describe where Class 1 Lasers are used
 - 5.2.2 Describe where Class 2 Lasers are used
- 5.3 Explain the potential chemical hazards in the fiber optic environment and the purpose of the material safety data sheet (SDS)

6.0 FIBER OPTIC CABLES

- 6.1 Draw a cross-section of a fiber optic cable and explain the purposes of each segment
- 6.2 Distinguish between the two buffer type cables:
 - 6.2.1 Loose buffer (stranded versus central tube)
 - 6.2.2 Tight buffer (distribution versus breakout)
- 6.3 Identify the different types of strength members used to withstand tensile forces in an optical fiber cable
- 6.4 Compare the choice of jacket materials and how they play a crucial role in determining characteristics of a cable
- 6.5 List common material classifications for a fiber optic cable
- 6.6 Describe the following cable types:
 - 6.6.1 Simplex cordage
 - 6.6.2 Duplex cordage
 - 6.6.3 Distribution cable
 - 6.6.4 Breakout cable
 - 6.6.5 Armored cable
 - 6.6.6 Messenger cable
 - 6.6.7 Ribbon cable
 - 6.6.8 Stranded Loose Tube cable
 - 6.6.9 Central Loose Tube cable Unitube
- 6.7 Explain what hybrid cables are and where they are ordinarily used in fiber optics in accordance with ANSI/TIA-568-D.1
- 6.8 Describe a composite cable, as defined by National Electrical Code (NEC®) Article 770.2
- 6.9 Distinguish the difference between a fanout kit (sometimes called a furcation kit) and a breakout kit
- 6.10 Explain how fibers can be blown through microducts instead of installing cables underground or in structures.
- 6.11 List the National Electrical Code (NEC®) optical fiber cable categories including:
 - 6.11.1 Abandoned optical fiber cable
 - 6.11.2 Nonconductive optical fiber cable
 - 6.11.3 Composite optical fiber cable
 - 6.11.4 Conductive optical fiber cable
- 6.12 Describe the NEC® listing requirements for:
 - 6.12.1 Optical fiber cables
 - 6.12.2 Optical fiber raceways
- 6.13 Explain where the TIA-598-C color code is used and how the colors are used to identify individual cables
- 6.14 Describe TIA-598-C premises cable jacket colors
- 6.15 Explain how cable markings are used to determine the length of a cable

7.0 TYPES OF SPLICING

7.1 Mechanical Splicing

- 7.1.1 Explain the extrinsic factors that affect splice performance
- 7.1.2 Summarize the correct fiber preparation scoring method using a cleaver
- 7.1.3 Discuss the mechanical splice assembly process
- 7.1.4 Explain performance characteristics of index matching gel used inside the mechanical splice and splice-on connectors
- 7.1.5 Perform ANSI/TIA-568-D.0 (Annex E.8.3) Optical Time Domain Reflectometer (OTDR) insertion loss procedures for a reflective event mechanical splice

7.2 Fusion Splicing

- 7.2.1 Describe the advantages of fusion splicing over mechanical splicing
- 7.2.2 Summarize the correct fiber preparation scoring method using a cleaver
- 7.2.3 Discuss the fusion splice assembly process and splice protection
- 7.2.4 Explain the key fiber and splice routing in fiber optic splice trays
- 7.2.5 Explain the use of the Splice Closure including:
 - 7.2.5.1 Butt style splice closures
 - 7.2.5.2 In-line splice closures
 - 7.2.5.3 Environmental sealing
 - 7.2.5.4 Bonding to ground requirements and techniques
- 7.2.6 Explain ANSI/TIA-568-D.0 (Annex E.8.3) Optical Time Domain Reflectometer (OTDR) insertion loss procedures for a non-reflective fusion splice
- 7.2.7 Explain the locations of single-mode splices in outside plant (OSP) installations

8.0 CONNECTORS

- 8.1 Identify the wide variety of fiber optic connector types including:
 - 8.1.1 In-line ferrule based connectors
 - 8.1.2 plug/receptacle connectors
 - 8.1.3 multi-fiber connectors
- 8.2 Describe the most common approaches to align the fibers including:
 - 8.2.1 ferrule based connector
 - 8.2.2 V-groove assemblies for multiple fibers
- 8.3 Describe the ANSI/TIA-568-D.3 section 5.2.2.4 two types of array adapters
 - 8.3.1 Type-A MPO and MTP[®] adapters shall mate two array connectors with connector keys key-up to key-down
 - 8.3.2 Type-B MPO and MTP[®] adapters shall mate two array connectors with connector keys key-up to key-up
 - 8.3.3 Describe how the MPO 8/16 is prevented from cross mating with the standard MPO 12/24 fiber connectors
- 8.4 Identify the connectors specified in the ANSI/TIA 942- Infrastructure Standard for Data Centers
- 8.5 Describe ferrule materials used with fiber optics connectors
- 8.6 Explain both the intrinsic and extrinsic factors that affect connector performance
- 8.7 Define physical contact (PC), angled physical contact (APC), and ultra physical contact (UPC) finishes
 - 8.7.1 Explain how PC, APC, and UPC finishes affect both insertion loss and back reflectance
- 8.8 Explain how physical contact depends on connector endface geometry to include the Telcordia GR-326 three key parameters for optimal fiber contact:
 - 8.8.1 Radius of curvature
 - 8.8.2 Apex offset
 - 8.8.3 Fiber undercut and protrusion
- 8.9 Describe how and where pigtails are used in fiber cabling
- 8.10 Summarize connector termination methods and tools including:
 - 8.10.1 Thermal cure
 - 8.10.2 Anaerobic adhesive
 - 8.10.3 Splice-on mechanical connectors
 - 8.10.4 Fuse-on mechanical connectors
- 8.11 Compare the differences between field polishing, factory polishing, and no-epoxy/no-polish connector styles
- 8.12 Describe how to properly perform a connector endface cleaning and visual inspection in accordance with ANSI/TIA-455-57 Preparation and Examination of Optical Fiber Endface for Testing Purposes

- 8.13 Explain how to guarantee insertion loss and return loss performance in accordance with the IEC 61300-3-35 global common set of requirements for fiber optic connector endface quality
- 8.14 Identify both multimode and single-mode connector strain relief, connector plug body, and adapter housing following ANSI/TIA-568-D.3 section 5.2.3
- 8.15 Explain the importance of connectorization yield when installing an optical span

9.0 SOURCES

- 9.1 Describe the two primary types of light sources including the light emitting diode (LED) and semiconductor laser (also called a laser diode)
- 9.2 Explain the basic concept, operation and address launch conditions of a LED light source
- 9.3 Explain the basic concept and operation of a laser diode light source
- 9.4 List the differences between the Fabry-Perot (FP), distributed feedback (DFB), and vertical-cavity surface-emitting laser (VCSEL), commonly used in fiber optic communication systems
 - 9.4.1 Explain the impact of Fresnel reflections on Fabry-Perot and distributed feedback (DFB) lasers and their signal quality
- 9.5 Recall the typical operational wavelengths for communication systems
- 9.6 Compare the performance characteristics of the LED and laser light sources to include:
 - 9.6.1 Output pattern (sometimes referred to as spot size)
 - 9.6.2 Source spectral width
 - 9.6.3 Source output power
- 9.7 Identify standards and federal regulations that classify the light sources used in fiber optic transmitters
- 9.8 Explain the differences between an overfilled launch condition and a restricted mode launch (RML)
- 9.9 Explain Encircled Flux and when it should be used for testing multimode spans

10.0 DETECTORS AND RECEIVERS

- 10.1 Explain the use for PIN photodiodes and theory of operation
- 10.2 Describe the benefit of using an avalanche photodiode (APD)
- 10.3 Compare the factors in photodiode performance characteristics including:
 - 10.3.1 Responsivity
 - 10.3.2 Sensitivity
 - 10.3.3 Switching speed
- 10.4 Discuss how fiber optic receivers are typically packaged with the transmitter and how together, the receiver and transmitter form a transceiver
 - 10.4.1 Review an SFP module (small form-factor pluggable transceiver)
- 10.5 Examine a block diagram of a typical receiver that is divided into three subassemblies:
 - 10.5.1 Electrical subassembly
 - 10.5.2 Optical subassembly
 - 10.5.3 Receptacle
- 10.6 Describe the two key characteristics of a fiber optic receiver:
 - 10.6.1 Dynamic Range
 - 10.6.2 Wavelength

11.0 PASSIVE COMPONENTS AND MULTIPLEXERS

- 11.1 Discuss the different passive devices and the common parameters of each device:
 - 11.1.1 Optical fiber and connector types
 - 11.1.2 Insertion loss
 - 11.1.3 Return loss
- 11.2 Explain how optical splitters work

- 11.3 Explain that an optical attenuator is a passive device used to reduce an optical signal's power level
- 11.4 Explain how wavelength division multiplexing (WDM) combines different optical wavelengths from two or more optical fibers into just one optical fiber
 - 11.4.1 Describe how the OM5 multimode fiber uses wavelength division multiplexing for increasing transmission data rates
- 11.5 Explain what short wavelength division multiplexing (SWDM) is and where it is used
- 11.6 Explain the difference between coarse wavelength division multiplexing (CWDM) and dense wavelength division multiplexing (DWDM)
- 11.7 Point out that an optical filter is a device that selectively permits transmission or blocks a range of wavelengths

12.0 PASSIVE OPTICAL NETWORKS (PON)

- 12.1 Define the passive and active individual optical network categories
- 12.2 Describe the technologies used in passive optical local area networks (POLANs)
- 12.3 Explain that the fiber to the X (FTTX) is used to describe any optical fiber network that links the end user directly to the service provider
- 12.4 Discuss the major inside plant components for a fiber to the X (FTTX) passive optical network (PON)
- 12.5 Explain the maximum span length of a passive optical local area network (POLAN)
- 12.6 Explain the types of single-mode fibers used in POLAN installations

13.0 CABLE INSTALLATION AND HARDWARE

- 13.1 Define the physical and tensile strength requirements for optical fiber cables recognized in ANSI/TIA-568-D.3, section 4.3 to include:
 - 13.1.1 Inside plant cables
 - 13.1.2 Indoor-outdoor cables
 - 13.1.3 Outside plant cable
 - 13.1.4 Drop cables
- 13.2 Compare the bend radius and pull strength tensile ratings of the four common optical fiber cables recognized in ANSI/TIA-568-D.3, section 4.3
- 13.3 Identify some the hardware commonly used in fiber optic installation to include:
 - 13.3.1 Pulling grips, pulling tape and pulling eyes
 - 13.3.2 Pull boxes
 - 13.3.3 Splice enclosures
 - 13.3.4 Patch panels
 - 13.3.5 Indoor fiber distribution hubs
 - 13.3.6 Multi user telecommunications outlet assembly (MUTOA)
- 13.4 Compare the variety of installation methods used to install a fiber optic cable such as:
 - 13.4.1 Tray and duct
 - 13.4.2 Conduit and microduct
 - 13.4.3 Direct burial
 - 13.4.4 Aerial
 - 13.4.5 Blown optical fiber (BOF)
- 13.5 Describe the National Electrical Code (NEC®) Article 770 and Article 250 requirements on fiber optic cables and their installation within buildings to include:
 - 13.5.1 Fire resistance
 - 13.5.2 Grounding
 - 13.5.3 Transition point between listed and unlisted cables

- 13.6 Discuss the documentation and labeling requirements in order to follow a consistent and easily readable format as described in ANSI/TIA-606- "Administration Standard for the Commercial Telecommunications Infrastructure"
- 13.7 Describe hardware management
- 13.8 Describe Top of Row (TOR) and End of Rack (EOR) specified in the ANSI/TIA 942-Infrastructure Standard for Data Centers

14.0 FIBER OPTIC SYSTEM CONSIDERATIONS

- 14.1 List the considerations for a basic fiber optic system design
- 14.2 Compare the different characteristic performance areas within a system of optical fiber and copper including:
 - 14.2.1 Bandwidth
 - 14.2.2 Attenuation
 - 14.2.3 Electromagnetic immunity
 - 14.2.4 Size
 - 14.2.5 Weight
 - 14.2.6 Security
 - 14.2.7 Safety
- 14.3 Describe the performance of a multimode fiber optic link using the following sections of the ANSI/TIA-568-D.3 Optical Cabling Components Standard
 - 14.3.1 Section 4.2 cable transmission performance
 - 14.3.2 Section 5.3 optical fiber splice
 - 14.3.3 Annex A (Normative) optical fiber connector performance specifications
- 14.4 Explain how to prepare a multimode optical link power budget as defined in IEEE 802.3
 - 14.4.1 Calculate a multimode optical link power budget
- 14.5 Analyze the performance of a single-mode fiber optic link using the following sections of the ANSI/TIA-568-D.3 Optical Cabling Components Standard, ANSI/TIA-758 Customer–Owned Outside Plant Telecommunications Cabling Standard, and Telcordia GR-326 Core Generic Requirements for Single-mode Optical Connectors and Jumper Assemblies
 - 14.5.1 ANSI/TIA-568-D.3 Section 4.2 cable transmission performance
 - 14.5.2 ANSI/TIA-758 Section 6.3.4.1.2 attenuation
 - 14.5.3 ANSI/TIA-568-D.3 Annex A (Normative) optical fiber connector performance specifications
- 14.6 Explain how to prepare a single-mode optical link power budget as defined in IEEE 802.3
 - 14.6.1 Calculate a single-mode optical link power budget

15.0 TEST EQUIPMENT AND LINK/CABLE TESTING

- 15.1 Compare and contrast the functional use of the following pieces of test equipment:
 - 15.1.1 Continuity tester
 - 15.1.2 Visual fault locator (VFL)
 - 15.1.3 Fiber optic light source (FOS) and fiber optic power meter (FOM)
 - 15.1.4 Optical loss test set (OLTS)
- 15.2 Explain the proper use of the following pieces of test equipment:
 - 15.2.1 Continuity tester
 - 15.2.2 Visual fault locator (VFL)
 - 15.2.3 Optical return loss test set (ORL)
 - 15.2.4 Fiber optic light source (FOS) and fiber optic power meter (FOM)
 - 15.2.5 Optical loss test set (OLTS)
- 15.3 Explain the role and types of tests performed in a TIA-568 Tier 1 test
- 15.4 Describe the importance the TIA-455 standard and it's fiber optic test procedures (FOTP)

- 15.5 Compare the difference between an optical fiber patch cord and measurement quality test jumpers (MQJ)
- 15.6 Describe the use of a mandrel wrap or mode filter on both a multimode and single-mode source measurement quality reference jumper
 - 15.6.1 Describe the diameters of mandrel wraps for OM1, OM2 and OS2 fibers
- 15.7 Explain the ANSI/TIA-526-14- Optical Power Loss Measurements of Installed Multimode Fiber Cable Plant procedures to include:
 - 15.7.1 Method A: Two Jumper Reference
 - 15.7.2 Method B: One Jumper Reference
 - 15.7.3 Method C: Three Jumper Reference
- 15.8 Describe the testing launch conditions of the following:
 - 15.8.1 Overfilled
 - 15.8.2 Restricted mode launch
 - 15.8.3 Encircled flux
- 15.9 Explain the role and types of tests performed in a TIA-568 tier 2 test
- 15.10 Describe the proper setup and cable preparation for an Optical Time Domain Reflectometer (OTDR) measurement including to:
 - 15.10.1 Measure fiber length
 - 15.10.2 Compensate the index of refraction to match the cable's sheath markings
 - 15.10.3 Evaluate connectors for attenuation and reflectance
 - 15.10.4 Evaluate splices for attenuation and reflectance
 - 15.10.5 Locate faults
 - 15.10.6 Rayleigh backscatter
 - 15.10.7 Identify Fresnel reflections
 - 15.10.8 Explain why a deadzone box is used to measure attenuation and reflectance on optical spans
 - 15.10.9 Describe the display of an OTDR's vertical and horizontal screens
 - 15.10.10 Identify the OTDR's signatures and causes for reflective, nonreflective, ghosts and roll-offs

16.0 TROUBLESHOOTING AND RESTORATION

- 16.1 Perform Fiber Optic Source (FOS) and Fiber Optic Meter (FOM) fiber optic link testing
- 16.2 Perform Fiber Optic Source (FOS) and Fiber Optic Meter (FOM) patch cable testing
- 16.3 Perform Optical Time Domain Reflectometer (OTDR) unit length testing:
 - 16.3.1 dB/km
 - 16.3.2 Wavelengths
 - 16.3.3 Bi-directional averaging of out of specification splices
- 16.4 Perform Optical Time Domain Reflectometer (OTDR) connector and splice evaluation
- 16.5 Perform Optical Time Domain Reflectometer (OTDR) fault location
- 16.6 Demonstrate and prepare acceptance testing documentation
- 16.7 Perform a not to exceed attenuation budget for a span of replacement fiber with a splice at each end

End of Fiber Optics Technician Competencies Listing: (16 Major Knowledge Categories)

Find an ETA approved school and approved test site: http://www.eta-i.org/test_sites.html

Suggested Additional Study Materials and Resources for ETA® Fiber Certifications:

- Fiber Optic Design for Multimode and Single-mode Optical Local Area Networks; Corning Cable Systems LLC; FSD400-R7.M5; 2009. http://catalog2.corning.com/CorningCableSystems/en-US/catalog/DocumentLibrary.aspx
- Cabling: The Complete Guide to Copper and Fiber-Optic Networking, 5E; Andrew Oliviero, Bill Woodward; ISBN 978-1-118-80732-3; Sybex, Inc.; March 2014; paperback; 1284 ppg. —Available through ETA at 800-288-3824, www.eta-i.org
- Troubleshooting Optical Fiber Networks: Understanding and Using Optical Time-Domain Reflectometers, 2E; Duwayne Anderson, Larry Johnson, Florian Bell; ISBN 978-0120586615; Elsevier Academic Press; May 2004; hardcover; 437 ppg; 800-545-2522
- Technology Series Videos and CDs; The Light Brigade, 800-451-7128, www.lightbrigade.com
 Technicians Guide to Fiber Optics, 4E; Donald J. Sterling; ISBN 1-4018-1270-8; Delmar Learning; Dec 2003; hardcover; 384 ppg; Available through ETA 800-288-3824, www.eta-i.org
- **Fiber Optic Installer's Field Manual**; Bob Chomycz; ISBN 0-07-135604-5; McGraw-Hill; Jun 2000; softcover; 368 ppg; —Available through ETA at 800-288-3824, www.eta-i.org
- **Fiber Optic Installer and Technician Guide**; Bill Woodward, Emile Husson; ISBN 978-0782143904; Sybex, Inc; July 2005; hardcover; 496 ppg; Available through ETA 800-288-3824, www.eta-i.org
- **Understanding Fiber Optics, 5E**; Jeff Hecht; ISBN: 978-0131174290; Prentice-Hall; Apr 2005; hardcover; 800 ppg
- **Introduction to Fiber Optics, 3E**; John Crisp, Barry Elliott; ISBN 978-0750667562; Newnes; Dec 2005; paperback; 245 ppg
- **Fiber Optic Theory & Applications**; Jeffrey Dominique; 1993; FNT Publ.; paperback www.f-n-t.com **Guide Design and Implement Local and Wide Area Networks, 3E**; Michael Palmer and Bruce Sinclair, ISBN 978-0619216115; Course Technology; June 2012; paperback; 250 ppg
- Optical Networking Crash Course; Steven Shepard; ISBN 007-1372083; McGraw-Hill Co.; July 2008; paperback; 288 ppg
- **Optical Networking: A Beginner's Guide**; Robert C. Elsenpeter; ISBN 978-0072193985; McGraw-Hill Co.; Dec 2001; paperback; 544 ppg
- Optical Networking & WDM; Walter J. Goralski; ISBN 978-0072130782; McGraw-Hill Co.; Jan 2001; paperback; 556 ppg
- **Designers Guide to Fiber Optics**; AMP Corp., Harrisburg, PA 17105; ASIN B000IU64O; 1982; paperback; 209 ppg
- National Electrical Code, 2017; National Fire Protection Assn., Nov., 2016; www.nfpa.org

Also contact ETA at www.eta-i,org or 1-800-288-3824 for more information, numerous links, locations for training sites, additional white papers, articles and the latest Fiber updates.

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